



THE TIDE



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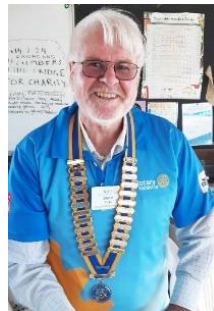
**Subject: Club Assembly
Speaker: Various
Chair: PE Bill Redfern**

For ZOOM, when available, at normal meetings the link is:
<https://us04web.zoom.us/j/703546388>



**ZOOM Login time
7pm to 7.10pm**


The President's Report



Last week at Rotary

Last week

What a great evening our last meeting was! We were bursting at the seams with more than 50 attendees. A traffic accident delayed the arrival of some members and our caterer,

<p>Rotary Club of Frankston President: David Cross Secretary: Grant Wishnowsky PO Box 278 Frankston 3199 www.rotaryfrankston.org.au</p> <p></p> <p>https://www.facebook.com/RotaryClubofFrankston</p>	<p>Meeting Apologies and guest notifications to Bill Redfern by 4.00pmon Tuesday by email to attendancercf@gmail.com</p>	<p>The TIDE Editor: Bob Tanner rwtanner@bigpond.net.au mailto:rwtanner@bigpond.net.au Copy for the TIDE must be received by 7pm Monday.</p> <p>Meeting Venue: Mt Eliza Bowling Club 90 Canadian Bay Rd, Mt Eliza Phone (03) 9787 3047</p>
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which meant the meal was a little late. However, this allowed us to juggle the agenda a little, to fit everything in, ensuring the Zoom attendees didn't miss anything.

This meeting was focussed on Rotaract and the imminent relaunch of the Peninsula Rotaract Club, scheduled for Saturday April 27. We had three guest speakers for the evening – firstly Kelly Gilbert, Frankston's Young Citizen of the Year 2024, followed by Lily Setnik and Quinney Brownfield-Hanna.

Kelly spoke to us about her student leadership days at Frankston High School, where she was a School Captain and one of the founders of the *Chill Out and Look About* team – you'll remember we had a presentation from some of this team late last year. Kelly is an active anti-bullying campaigner and is involved in raising awareness of mental health and suicide prevention.

In fact, Kelly is so passionate about this cause that she recently participated in an awareness campaign that involved performing 3,000 push-ups! She clarified that she was able to do that over a total of 23 days, with each days' tally coinciding with a statistic related to this important issue.

Kelly is now at Melbourne University, undertaking a double degree in Science and Global Studies. She hopes that her future career will involve work in helping the world be a better place – something akin to our "*Creating Hope in the World*". I'm not sure that she has much time to relax but when she does, Kelly loves singing. We also welcomed to the meeting Kelly's parents Chris and Lorna. Kelly is our RYLA candidate for this year, so we'll see her again after July, where she'll be invited back to speak about her RYLA experience.

Next up was Lily, a Rotaractor from the former club, who spoke passionately about reinvigorating the Peninsula Rotaract Club. The club started at Frankston High School but dwindled, partly due to the Covid pandemic and the associated lockdowns.

Lily grew up further down the Mornington Peninsula and was supported through NYSF and later attended RYLA, courtesy of the Rotary Club of Rosebud-Rye. This leadership involvement through Rotary has inspired Lily to start the new club, which will have a broader membership base across the peninsula.

Lily told us about some of their activities – Rotary Peninsula 2.0 offered them a part share in a Bunnings BBQ, which provided some funds for them to work with. They were then able to team with the Western Port Community Centre for a toy drive, which resulted in Christmas presents for 60-70 families with young children who were missing out.

The club has also been able to purchase a GPS unit for a science group researching turtles at Devilbend Reservoir. This research has found that there's about 270 females (males aren't important as they don't lay eggs!) at the reservoir, three types: the Eastern Long Neck, the Broadshell and the Murray River turtle (a long way from home!). They are now gearing up for Clean Up Australia Day this Sunday (just gone by the time you read this).

Finally, we heard from Quinney, who attended our last Nepean Cluster meeting – it was his passion that helped drive this Rotaract-focussed meeting at our club last week. He spoke about where this reinvigorated Rotaract club is heading. Quinney himself started at the Frankston High School Interact Club and was also shortlisted for the Frankston's Young Citizen of the Year 2024 – but was pipped by Kelly!

Quinney is a passionate young man and stated that he is driven to make a difference in the world. One exciting plan is that seven members will travel to Nepal in July, guided by Sandra from the Rotary Club of Rosebud-Rye. There, they'll be involved in community work, including working with the Fred Hollows Foundation. Each of the participants are currently raising funds to get them to Nepal, so they can undertake these good works. We wish them well in their endeavours.

Quinney has worked hard and is driven to ensure the Rotaract club is a success. He told us that some of their aims is to mentor Interact clubs, and to provide leadership development for young people – great aims indeed.

Following our young guest speakers, Rotarian Rob Cook summed up – Rob is a former Rotaractor, now a member of the Rotary Club of Somerville-Tyabb and the District 9820 Youth Director.



Rotarian Rob Cook, speakers Kelly, Quinney and Lily with Chair PP Suzanne Caldwell.

We were joined by Rotarians PP Trudy Poole and Diana O'Malley, the President of Rotary Peninsula 2.0. Trudy brought a guest, John, a young man interested in the environment and in potentially joining Rotaract. Being a Partners, Family and Friends night, we were joined by many others, including Sue Whitehead. A highlight was being able to welcome our former member John Crowder and his daughter Linda to our meeting. We'll look forward to welcoming John back, and also Sue W, as members to our club in the very near future.

All up, it was a great evening – lots of family and guests, and really engaging speakers. It's great to know that there are some outstanding young people prepared to step up and show leadership. I have written to them, suggesting that they should contact us whenever they need some help. And maybe we should try to engage with this new Rotaract club and get them involved with some of our projects – food for thought, and a potential discussion point for the Club Assembly this week.

Rotary International President visits our District

As mentioned previously, RI President Gordon McNally is hosting a lunch at the RACV Cape Schanck Resort on **Sunday 2nd June 2024**. It's not often that an opportunity like this presents itself, so we are looking for members and partners who may be interested in attending. For your opportunity to meet the RI President Gordon and to hear of his passion in helping our youth, individuals and communities, consider booking a place at our table.

Cost has been reduced to **\$95 per person for a 2-course lunch** at this picturesque resort. Apart from hearing from Gordon, Professor Pat McGorry AO, a psychiatrist known world-wide for his development and scaling up of early intervention and youth mental health services, will be joining us to compliment Gordon's presentation.

If you are interested in attending, please speak to PP Suzanne or me. We can organise car-pooling nearer the time.

What's next?

This week will be PE Bill Redfern's third and final Club Assembly. Bill has a range of plans and is looking for feedback and ideas for his year – your contribution to this important meeting is essential to ensure our club runs according to our members wishes. Therefore, please come along and support Bill as he fine-tunes matters for his impending year.

David Cross

President 2023-24

WhatsApp Etiquette

A reminder on what is acceptable when using our **RCF WhatsApp** account:
Hours of use is between 9am and 9pm – please do not send messages outside these hours.

Only use when needing to inform all members about a matter of interest.

For example, if you need to withdraw from a dinner meeting, let our members know that there will be a meal available. Similarly, if you'd like to take up someone's meal, reply using WhatsApp – everyone will then know that the meal is taken.

Do not use WhatsApp for general discussion. For example, if a member advises withdrawing from a dinner meeting due to illness, do not reply using WhatsApp to wish them well. If you want to pass on your wishes, contact the member directly.

ROTARY MEETING ATTENDANCE

Deadline for Registration of Apologies: 4 pm on the Tuesday before each meeting.

It is assumed that all members will attend each meeting unless apologies have been notified.

Apologies - register any apologies by email to 'attendancercf@gmail.com'

Please note that if an apology is not registered, it will not be noted, and you will be invoiced to cover costs for your meal.

If circumstances arise where you are a late apology (ie. after 4 pm on Tuesday), contact other members using "**Members RCF**" on **WhatsApp** to seek someone who may take your place.

Ongoing Apologies - registration of an ongoing apology is available to those members who are travelling (please advise start and end dates), have health reasons, or normally attend via Zoom. Existing cases are noted.

Any member with an ongoing apology who wants to attend a meeting needs to register their attendance by the Tuesday deadline prior to the meeting. If you have not registered your attendance by the deadline, a meal will not have been arranged for you.

Guests - registration of attendance of any partners or guests at a meeting need to be submitted by the Tuesday deadline prior to that meeting. If the attendance of such partners or guests has not registered by the deadline, a meal will not have been arranged for them.

APRIL IS MATERNAL AND CHILD HEALTH MONTH



Area of Focus: Maternal and Child Health Month. This month also includes the Birthday of Paul Harris on the 19th of April.

- Address the issue of malnutrition in Children and Pregnant Women
- Develop a Hygiene Education program for school going children
- Conduct Awareness Seminars
- Provide Low-income, Underinsured women with the knowledge, skills and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control chronic diseases
- Promote School Health
- Promote the adoption of physical activity in early child care centres, schools and work sites

ANNIVERSARIES

Members: Birthdays: Nil

Partners Birthdays: Nil

Wedding Anniversaries: Nil.

Induction Anniversary: Nil.

ATTENDANCE

Present: Trish Anderson, Kay Barrow, Neil Black, Campbell Bolwell, Graham Bryans, Suzanne Caldwell, Peter Cecil, David Cross, Jenny Cuddihy, Peter Dusting, Wayne Gillan, Marie Hardwick, Graham Henderson, Campbell Johns, Terry Jones, Keith Kimpton, Max Lane, John Latham, David Lee, Greg Morgan, Audrey Mutton, Geoff Pritchard, Luke Provis, Bill Redfern, Chris Sayers, Terry Schneider, Lee Anne Smith, Bob Tanner, Grant Wishnowsky John Wright.

Partners and Friends: Anita Cross, Elaine Dusting, Sue Gillan, Ann Henderson, Sandra Johns, Barb Boyle, Gail Pritchard, Heather Tanner, Glenda Wishnowsky.

Visiting Rotarians: Rob Cook (Somerville Tyabb and District Youth Chair), John Crowder (Somerville Tyabb), Diana O'Malley and Trudy Poole (Pen, 2.0)..

Guests: Speakers Kelly Gilbert, Quinney Brownfield-Hanna and Lily Setnik, Kelly's. parents Lorna and Chris Gilbert, Sue Whitehead, Linda Crowder, and Trudy's guest John.

Zoom.: Alan Daniel, Quinn McCormack, Barry Thomas, Robin Stewart.

Apologies: Ken Broadbent, Angela Cecil, Chris Crewther, Kate Cross, Gerry Harrison, Peter MacKenzie, Quinn McCormack, Lou Monteret, Lyn Leigh, Idris Olatunji, Shane O'Neill, Ken Rowe, Bob Seiffert, Steve Smit, Ken Stallard, Robin Stewart, Nellie Tinga, Barry Thomas, Chris Van Der Laan, Dennis Viner, Greg Waterland.

WEEKS AND WEEKENDS AWAY 2023/24

WEEKEND AWAY – QUEENSCLIFF Friday 15 November to Tuesday 19 November 2024 INGENIA HOLIDAYS QUEENSCLIFF BEACON

Please refer to the website for details of the park and accommodation options: <https://www.ingeniaholidays.com.au/our-parks/victoria/great-ocean-road/queenscliff-beacon/>

Please contact Bill Redfern regarding your bookings via SMS (0419 544 077) or email (bill.redfern@outlook.com)

WEEK AWAY Myrtleford 2025

We have booked our week from Friday Feb 28 to Thursday March 6

We have booked 11 cabins, and 16 powered sites /Wayne Gillan is looking after the bookings in my absence. Deposits to Campbell. \$100 cabins and \$50 for powered sites.
Ken Rowe

THE CLUB'S BANK ACCOUNTS EXPLAINED The CLUB has Three Bank Accounts:

GENERAL:	Account No: 147 471 700 – All Club matters,
SERVICE:	Account No: 147 486 880 – Anything with Donations & Fund Raising.
SOCIAL:	Account No: 162 387 666 – All Club Social Functions
ALL have the same:	BSB: 633 000

SPEAKERS PROGRAMME – A LOOK FORWARD

Date	Venue	Speaker	Subject	Chair
11 Apr	MEBC	Various	Club Assembly	PE Bill Redfern
18 Apr	MEBC	Sally Dell (RC of Warragul)	We need to end Trachoma	PP Suzanne Caldwell
25 Apr	MEBC	Anzac Day	No Meeting	
2 May	MEBC P, F&F	Billy Nye	Artist Extraordinaire	Lee Anne Smith
9 May	MEBC	Felicity Maloney	My Life as the daughter of a Spy	Kate Cross
16 May	MEBC	Martin Green	The Story of Beleura	Grant Wishnowsky
23 May	MEBC	Shae Preece	Rotary NYSF	PP Suzanne Caldwell
30 May	MEBC	Club Meeting	Updating Fund Raising Opportunities	PE Bi;; Redfern
6 Jun	MEBC P, F&F	Kate Cross	My Travels in Japan	Kay Barrow
13 Jun	TBA	Changeover	Bill Redfern	TBA
20 Jun	MEBC	Dr Angela Lees	Updating Women's Mental Health	Kate Cross
27 June	MEBC	Zsuzsa Toth	Kinesiology	Lyn Leigh
P, F & F = Partners, Family and Friends Focus, but welcome to any meeting!				

Other Activities

DATE	CONTACT - LOCATION	SUBJECT	CHAIR
Sat 4 May 2024	TBA	Guess Who's Coming to Dinner	Wayne Gillan
Sun 19 May 2024	Bunnings Frankston	Bunnings BBQ	Luke Provis
Fri 25 – Wed 29 May 2024	Singapore	Rotary International Convention	
Thur 13 June 2024	Bill Redfern	Changeover	

Sat 29 Jun 2024		District 9815 Inaugural Changeover Dinner	
Sat 17 Aug 2024	Bunnings Frankston	Bunnings BBQ	Luke Provis
Fri 15 Tue 19 Nov 2024	Queenscliff	INGENIA HOLIDAYS QUEENSCLIFF BEACON	Bill Redfern
Sun 24 Nov 2024	Bunnings Frankston	Bunnings BBQ	Luke Provis

MEETING DUTY ROTA – 2023/24

Month	Welcome	Cashier	Clean-up at end of meeting	
April	Peter Dusting	Peter Cecil	Peter Dusting	Trish Anderson
May	John Wright	Nellie Tinga	John Wright	Nellie Tinga
June	Suzanne Caldwell	Trish Anderson	Suzanne Caldwell	Peter Cecil

If you are absent from a meeting where you are rostered on, please find a replacement, and inform PE Bill Redfern.

BAR ROSTER

11/04/2024 Bill Redfern & Geoff Pritchard
18/04/2024 Susan Schneider & Graham Henderson
25/04/2024 Ken Broadbent & Graham Henderson
02/05/2024 Graham & Ann Henderson
09/05/2024 Wayne Gillan & Geoff Pritchard
16/05/2024 Bill Redfern & Lee Anne Smith
23/05/2024 Graham Bryans & Susan Schneider
28/05/2024 Graham Henderson & Sharon Sayers
06/06/2024 Graham Henderson & Ann Henderson
13/06/2024 No Meeting at MEBC – Changeover Night
20/06/2024 Graham Bryans & Lee Anne Smith
27/06/2024 Wayne Gillan & Susan Schneider

Notes :-

- (1) Where Graham Henderson listed on the Bar Roster, this date may be substituted by Ann Henderson Where Graham Henderson listed on the Bar Roster, this date may be substituted by Ann Henderson or another Rotarian holding an RSA Certificate.
- (2) Those rostered on Bar Duty must find a substitute if they are unavailable to do their duty on the nominated date.
- (3) Importantly, those rostered on Bar Duty must remember that Bar duties are not limited to only serving drinks. Stacking the fridges, dishwashing the glasses and putting glasses away, reconciling the night's Bar takings, emptying rubbish bins etc., are all duties required to be undertaken by those doing Bar Duty. A Summary of Bar Duties has been provided to all those Rotarians working on the Bar and if an additional copy is available on request from Graham Henderson.

PARTNERS AND FRIENDS NIGHT OUT

Hello Rotary Partners and Friends,

Once again I am organising a restaurant night out on a Thursday while our partners are at their Rotary Meeting. This time I thought we could go to the Canadian Bay Hotel in Mt Eliza. Again, because it is close to the Bowling Club. The date is the 23rd May and I will book it for 6.00pm. We'll meet at the venue.

Please let me know if you are interested in attending by texting me, so that I can give numbers to the Hotel closer to the time. Hope you can make it.

Anita Cross

0466 815 469

RCG Leader Provisional Announcement

District 9820 Governor Linda Humphries has announced that Wil Cornelissen has been provisionally appointed as our Rotary Community Group (RCG) Leader. Wil is a member of the Rotary Club of Waverley.

In accordance with Rotary International By Laws –Article 12.030 this nomination is subject to a 14 day challenge period as from today's date. If you have any questions in relation to the Community Leaders positions, please do not hesitate to contact DG Linda Humphries.

WHAT IS ON TONIGHT?

Club Assembly No. 3, 2023/24 - Thursday 11th April 2024

This Thursday's meeting will be our final Club Assembly for 2023-24.

The agenda is set out below. It is intended to provide some advance notice of proposed discussion topics to enable members to consider and contribute their thoughts and ideas. If any member would like to propose any additional agenda items, please contact Bill Redfern on bill.redfern@outlook.com or raise them on the night.

Agenda

- 1. Introduction of 2024-25 Board**
- 2. 2024-25 Club Budget (General Account)**
- 3. 2024-25 Meeting Program**
- 4. Membership**
- 5. Donation Priorities & Guidelines**
- 6. Service Projects & Fund-Raising Activities**
- 7. Other Items (from the floor)**

Dates for 2024-25 Club Assemblies (Trish Anderson)

Rotary
District 9815



SAVE THE DATE

DISTRICT
9815
INAUGURAL
CHANGEOVER
DINNER



Saturday 29th June
2024



CARDINIA CULTURAL CENTRE

40 LAKESIDE BLVD, PAKENHAM, 3810



Australia's
**Biggest
Morning
Tea**

Supporting
every aspect
of all cancers



11am: Thursday 18th April 2024

Mount Eliza Bowling Club

\$15 per person

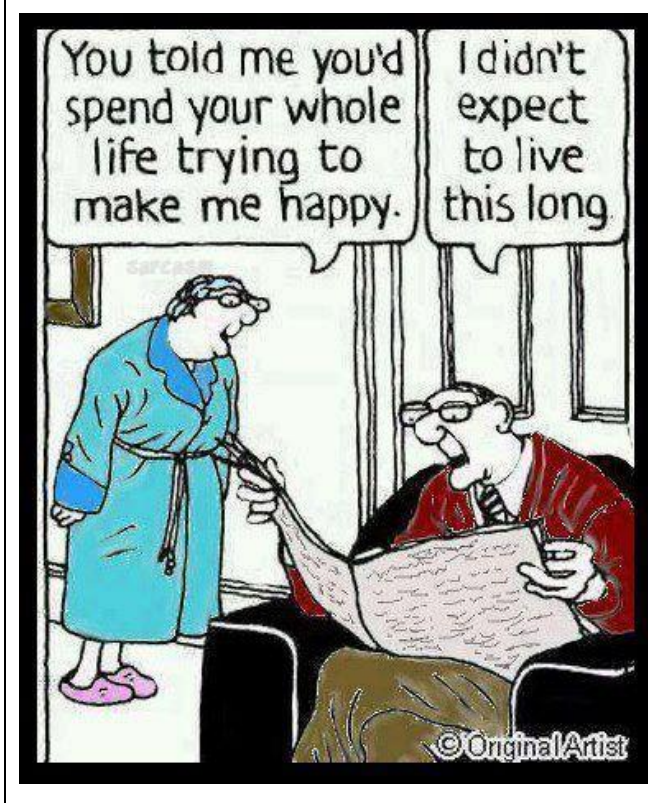
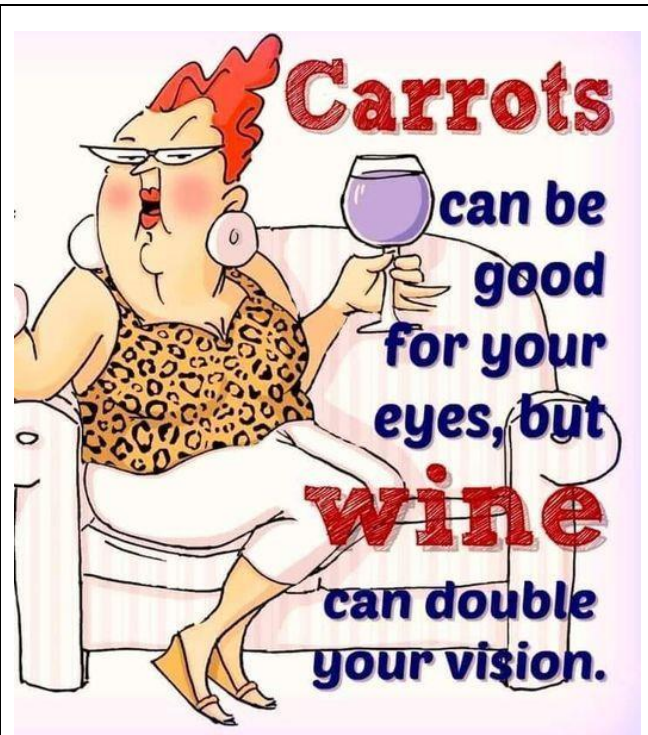
**EXCELLENT TEA • RAFFLES
GUEST SINGER • AUCTION**

(Bar opens at 12pm)

For more information to book a place or table, contact
Chris Stallard: christallardmebc@yahoo.com.au or call 0418 541 222
Ally Long: rayally001@gmail.com or call 0434 005 705



We invite you to join us for an afternoon of delicious sandwiches, hot food, scones, sweet treats, tea, coffee with sparkling on arrival. This years Mothers Day High Tea will raise much needed funds for an NGO Safehaven where many of the former Green Gecko kids work, now they have finished their studies. Guest Speaker - Kate Arkwright, Development Officer from Safehaven will talk about the organisation and the wonderful work the former Geckos and other young Cambodians do to support children with disabilities in Cambodia. There will be Raffles and Silent Auction Items available on the day. Any queries contact Trudy Poole on 0414305564 <https://events.humanitix.com/rotary-pen-2-0-mothers-day-high-tea-2024>



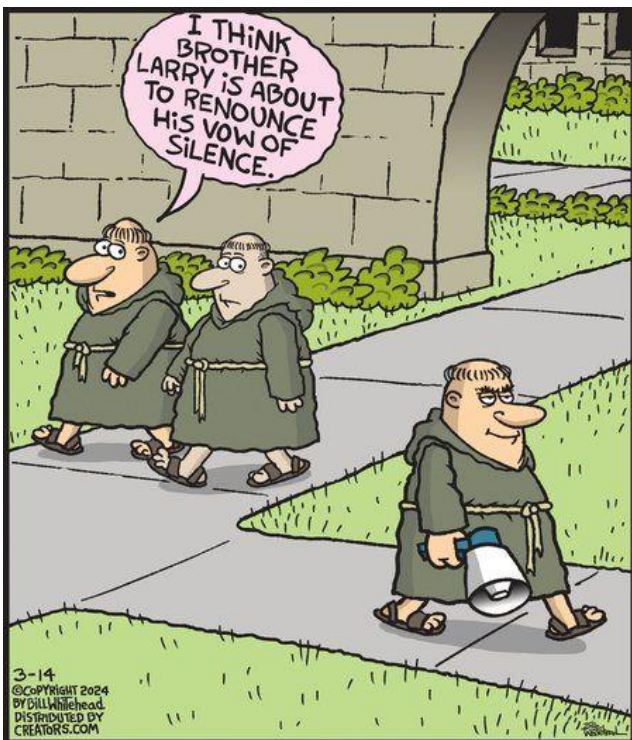


Well, my friend is sitting there and I called 'Hi Jack'



NOAH! WHERE WILL I PUT THE BEE'S?

IN THE ARK HIVES



I THINK BROTHER LARRY IS ABOUT TO RENOUNCE HIS VOW OF SILENCE.

3-14
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"Meals on Wheels?
More like Muck on a Truck."

